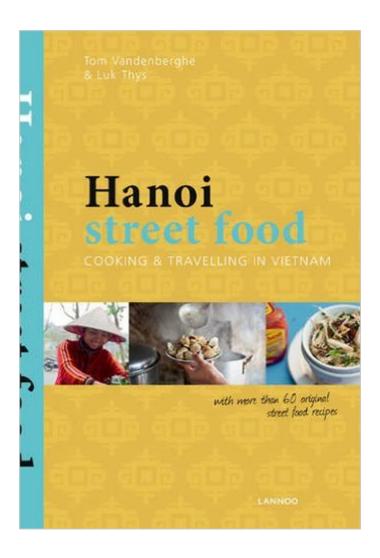
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Hanoi Street Food





Synopsis

Most people go to Hanoi to enjoy the food. And in Hanoi, street food is not merely a quaint or exotic culinary excursion - it is at the heart of the culinary tradition and helps to define the culture and rhythm of the city. However, while dining on the street may sound tempting and adventurous to visitors, it can also be intimidating. The aim of this book is to demystify Hanoi's glorious street food culture. Hanoi Street Food does not only provide you with the places to eat but also with recipes for Vietnamese delicacies such as the Phô but also with other noodle dishes that stand out, but which are not as easily found as the Bun Cha or the Bun Rieu. Each section describes a range of dishes within a particular category. Following each description, the authors guide you to some of their favorite spots where you can try these snacks. Also available: Bangkok Street Food ISBN 9789020987836

Book Information

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Customer Reviews

For many Hanoi, the capital of Vietnam, is best known for its food and for its cultural diversity of cuisine that acts as a sort of fusion melting pot for the greater-regions's varying food styles. Often eating authentic street food - food that the locals themselves eat daily - is the best way to really get the most from a given cuisine. Of course, you can have good and bad experiences - but the same can happen at a top restaurant or hotel. This book manages a good degree of fusion in its own right: it introduces the reader to typical street food that can be found in Hanoi (and of course around in Vietnam) and also shows them how to make many dishes at home. Many cookbooks focussing on a specific region or food style tend to forget that not every reader is so familiar with every type of food,

with the often tragic outcome that they only try the recipes they already know due to "fear of the unknown." Essentially the book is split into different categories of food - noodles; cakes, breads & doughs; salads, wraps and pouches; rice; shellfish; sweets; dips, dressings and oils and finally drinks. Each section gives a fairly comprehensive primer in a relatively small space about the different food types, their origins, styles and general development. It might feel at times like information overload but the information is of quality and certainly not full of padding. The recipes themselves are easy to follow, well written and laid out and the photography is of a general high quality, although at times the soft focus, arty-style tends to irritate. It is important to remember that this is not a plain cookbook though so some excuses are begrudgingly given.

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